

### ***Cultural Sharing Exercise for Healthcare Providers***

Please think about each question and jot down your thoughts; you will not hand this in and will choose how much you share with others.

1) What is your cultural origin or the culture with which you identify?

2) What values come to mind that you particularly like or dislike, as you reminisce about your cultural heritage?

3) Describe an experience where you have felt different (race, culture, ethnicity, class, etc.)

4) How have you experienced a sense of power, or lack of power, in relation to other groups?

5) How has your background helped you connect and also posed challenges in your interactions with patients?