



April 2019

Don't Miss Early Bird Registration for the Compassion in Action Healthcare Conference

Early bird registration is open through **May 8** for the 2019 [Compassion in Action Healthcare Conference](#) taking place in Boston September 8-10, 2019 at the Westin Boston Waterfront. Join us for this unique opportunity to connect with colleagues from around the globe and learn about cutting-edge programs, strategies and tools to create and sustain cultures of compassion. **Register by May 8, 2019 for the early bird rate.** Schwartz Center members receive a discounted rate.

[Register](#)

Amy Edmondson and Tim Cunningham to Speak at the 2019 Compassion in Action Healthcare Conference



Registration is underway for the 2019 [Compassion in Action Healthcare Conference](#) taking place in Boston **September 8-10, 2019 at the Westin Boston Waterfront**. The conference, presented in partnership with the **American Hospital Association (AHA)**, the **American Organization of Nurse Executives (AONE)**, the **AHA Physician Alliance** and **STAT**, will feature dozens of speakers including **Amy C. Edmondson**, the Novartis Professor of Leadership and Management at the Harvard Business School, and **Tim Cunningham, RN, DrPH**, director, Compassionate Care Initiative and assistant professor at the University of Virginia School of Nursing. Edmondson and Cunningham will be joined by others who will share their experiences and expertise.

[Learn More](#)

Scholarship Fund Provides Conference Tuition Assistance

Please consider donating to the **Compassion in Action Healthcare Conference Scholarship Fund!** Gifts will help ensure attendance for medical, nursing and other health profession students – the future of our healthcare workforce. We also will have an application process for a limited number of scholarships for healthcare workers whose employers cannot afford to send them to the conference. All donations are welcome and donations of \$1,000 or more provide the opportunity to name a scholarship in honor or memory of someone. To donate, please [click here](#) and select "Conference Scholarship Fund" in the designation box. For more information, contact Lisa Crane, director of individual and foundation giving, at lmcrane@theschwartzcenter.org or 617-643-5490.

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Compassion in Action Webinar: Empathy & Emotion Regulation



Join us on **Tuesday, April 23, from 3:00-4:00 PM EDT** for our latest [Compassion in Action Webinar: Empathy & Emotion Regulation](#). Our abilities to empathize and to regulate our emotions supports interpersonal relationships and contributes to personal well-being, which benefits society and individuals alike. Empathy leads to compassion and altruism, while healthy interpersonal relationships can support long-term mental health. So can emotion regulation, which we've seen can be engaged without conscious effort. This is what psychology researcher **Tammi Kral**, a doctoral student at University of Wisconsin-Madison, is exploring under the guidance of **Richard Davidson, PhD**. Kral will talk with **Schwartz Center Chief Medical Officer Beth Lown, MD**, about how she uses a combination of brain imaging and behavioral measures to understand the neural and behavioral processes underlying emotional experience, its regulation and mechanisms of change via behavioral training. She'll also share examples of training she's developed to use a video game for developing empathy, and mindfulness meditation for improving emotion regulation.

[Register Now](#)

Last Month's Top Facebook Posts



Here are the top [Facebook](#) posts that resonated most with our followers in March.

1. [Compassion is not a virtue. It is a commitment. It's not something we have or don't have. It's something we choose to practice. – Brene Brown](#)
2. [Our days are happier when we give people a bit of our heart rather than a piece of our mind. – Unknown](#)
3. [Can a Nice Doctor Make Treatments More Effective? Connecting with patients doesn't just make them think someone cares. It can make a difference for health outcomes.](#)

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Save the Dates!

The Patient Experience Symposium
Co-Chaired by Schwartz Center CEO Matt Herndon


May 1-3, 2019
The Harvard Medical School Conference Center

Facilitation Workshop
Wednesday, May 22, 2019
7:30 AM to 4:00 PM

View the details for our [2019](#) sessions
[Schwartz Center healthcare members only](#)

[Register Now](#)

Compassion in Action Healthcare Conference
Sept. 8-10, 2019
The Westin Boston Waterfront

[Register Now](#)

24th Annual Kenneth B. Schwartz Compassionate Healthcare Dinner
Thursday, Nov. 21, 2019
Boston Convention and Exhibition Center

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